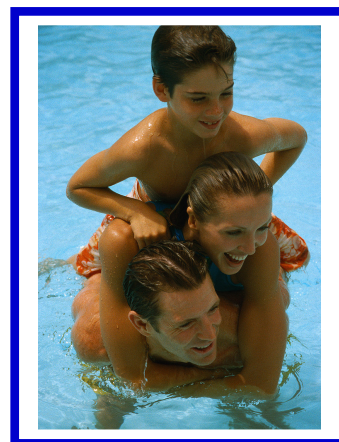
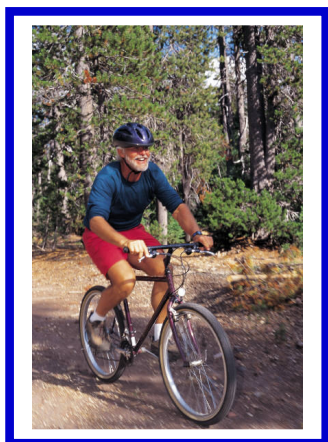


Free Things to Do in West Hartford



In addition to offering a wide range of recreational programs and activities through its award-winning recreational facilities, Leisure Services encourages residents of all ages to participate in the many fun, free, healthy-lifestyle activities available in town. Here are just a few things to do this spring and/or summer:

- Walk the Trout Brook Trail
- March in the Park Road Parade
- Play basketball at a local park
- Fish at Spice Bush Park
- Attend a high school sporting event
- Go to Celebrate! West Hartford
- Cool off at a town wading pool
- Watch a Youth Sports competition
- Walk Westmoor Park's wild flower path
- Play Frisbee in a town park
- Visit the animals in the Westmoor Park Barn
- Run the tracks at the high schools
- Walk or bikeride through Fairview Cemetery
- Volunteer to Plant-A-Row for the Hungry at Westmoor Park
- Play soccer, kickball or volleyball
- Walk the trails at Swamp Bush Park
- Attend Farm Day at Westmoor Park
- Bird watch at MDC & town parks
- Volunteer for anything
- Walk your dog (or someone else's)
- Climb a tree
- Play bocce
- Visit Scott the Cow at Elmwood Community Center
- Play catch with a child or friend
- Attend Elmwood's Teddy Bear Picnic
- Climb on a playscape at the town parks
- Stroll around the Center
- Bird watch at Westmoor Park
- Take a bike ride
- Walk to the Veterans Memorial in the Center
- Attend Westmoor Park's Pumpkin Festival
- Bird watch at Elizabeth Park
- Play at Jonathan's Dream Playground
- Go to a Summer Gazebo Concert at ECC
- March in the Memorial Day Parade
- Plan/Attend a block party
- Sing along at the Labor Day Concert
- Putt and chip at Buena Vista Putting Green
- Walk through the Rose Garden at Elizabeth Park
- Walk through the Old North Cemetery
- Play tennis in the town parks
- Bike at the MDC Reservoirs